



STONECREST

WORKSHOPS

centre for equine awareness

BAREFOOT TRIMMING

WORKSHOPS FOR EQUINE WELLBEING



WOULD YOU
WEAR THIS ON
YOUR FEET?

Imagine wearing tight shoes day in and day out.

Your feet ache from bad blood circulation.

You can't feel your toes because of numbness.

And when you take your shoes off, your skin becomes sensitive.

It hurts to walk on anything but soft surfaces.

These are the symptoms horses feel from wearing horseshoes for a long time. Horses depend on their feet to get themselves, and us around. And most importantly, they depend on us to do the best for them. Become informed, and take control of your horse's wellbeing! You can your help your horse enjoy life more.

Join one of our special workshops dedicated to teaching you how to look after your horse's hooves. Enrol in a workshop today! Get in early – *limited places available!*



See the benefits of barefoot trimming!



Join one of our barefoot trimming workshops today. Your horse *needs* your help!

What will I learn?

Our one day intensive workshop is specifically designed to teach horse owners to maintain the feet of their own horses.

Subjects covered include:

- Why we prefer to keep horses barefoot.
- The science of healthy feet and naturally correct parameters.
- A recipe for basic maintenance trimming (practice first on cadaver legs, then trim a horse).
- Safe handling of horses while trimming.
- How to make a hard job easier and the correct use of trimming tools.
- Maximizing barefoot performance and the correct use of hoof boots.



Barefoot Facts

Shoeing horses has been a “given” for over 1000 years. Horses were originally shod to save their hooves while they stood in the stone dungeons of Kings and Queens for long periods of time, wallowing in their own urine and faeces waiting for a battle to happen.

Over the centuries people became better and better at shoeing horses for different reasons – hard farm work, pulling carriages on cobbled streets and then during this era, to “save” their horses feet while they began to use horses for recreational purposes.

Have you ever given any thought about why the Arabs of Arabia, the brumbies used by the American Indians, the horses of the veld etc etc have lived for centuries without shoes?

There is one simple answer – these horses lived as horses should live – in the wild, running over rocks and rivers, sand and dunes, ice and rubble – just as they were designed to do.

Then we – modern man – came along and developed wonderful ways to enjoy the horse – not a beast of burden, not a war horse, not a means of transport – we discovered that they could provide companionship, enjoyment, love, plus we could use them to achieve greatness, gold medals, ribbons, sashes etc etc.

...But along the way, we forgot how they were developed. We took them from their natural environment, put them in small yards, paddocks, stables and gave no thought about how their hooves might develop in these environments.

During the 15 years I have been rehabilitating equine hooves I have come to the realisation that most horse owners think of the hoof as “a brick on the end of a leg”. They have no idea what makes up the structure of the hoof. They just assume that its an area they are not qualified to know about, so they just leave it to their hoof carer.

In this century, most horse owners assume that their horses cannot live without shoes – they assume that they are too sensitive to go without shoes. Or even worse, they believe their top performance horses cannot perform at their best unless they have iron on their feet!!

Thankfully, some horse owners around the world are acknowledging that there is a better way to have their treasured equines happy and healthy without hammering nails into their beautifully formed hooves.

Almost any horse can be ridden barefoot.

Horses trimmed correctly can perform in any discipline barefoot. Just check out the many websites showing racehorses, showjumpers, sporting horses, dressage horses, station horses etc can be quite comfortable barefoot if a correct trim is applied to the hoof.

I have been collecting photographs of some of the horses I have attended. 100% of them have returned to total soundness with the help of their owners, on-going care and regular trimming.

If you have a horse which is “always lame”, “always had bad feet”, “always had cracks in the front feet” – try taking another journey – a journey to your horses’ recovery and well-being.



The Workshop

Learn how to maintain healthy hooves

One day trimming workshop with The Barefoot Blacksmith.

An intensive one day workshop that is informative and hands on. Learn how to maintain your own horse's hooves yourself or just come along to learn the science of healthy feet so you can make informed decisions about your horse's hoofcare.

Workshop emphasis is on safety, ergonomics and how to make a hard job easier. Tools, aprons and hoof stands are provided for use on the day. Find out how to trim your horses' feet from a master farrier who's been "down under" horses full time for 20 years.

Although this course is designed to introduce people to barefoot management of horses it is not just for beginners. A standard workshop is attended by all levels of trimmers; Vets, farriers' apprentices and owner trimmers have attended our courses. Some people come back a few times. We offer a lot of information and not everyone picks it all up the first time. People learn at their own level.

Participation in our standard workshop is a pre-requisite for attending one of our advanced workshops.

Date:	Sunday 11th October 2009
Venue:	Cassegrain Winery, 733 Fernbank Creek Rd, Port Macquarie NSW
Time:	Arrive 8.30 for a 9.00am start finishes 4pm or later.
Cost:	Full participant(with horse) \$160, Auditor \$90.
Catering:	BYO lunch. Morning and afternoon tea provided.
Bookings:	Prior booking is essential (Full participants limited to 12 Auditors limited to 6)
Phone:	Nicky Bowe 03 57734306 Or email to HYPERLINK "mailto:info@barehoofcare.co" info@barehoofcare.co

Local Coordinator (directions) Bronwyn Flinn 0403 025 704 or email bronwyn@stonecrestequine.com.au

*"With maintenance trimming you can keep your horses' feet in perpetual balance - the way they are meant to be.
This is the key to healthy strong feet, barefoot performance and long term soundness."*

Workshop Summary:

After registration where participants are issued with a booklet, there is a two hour PowerPoint theory session (with coffee break in the middle) followed by a step by step demonstration of trimming and tool use on a cadaver leg. Students then trim under full supervision.

After Lunch there is a demonstration on horse handling for trimming with emphasis on safety and making the job easier. Full participants then go to work on their own horse's feet under supervision (Auditors watch, may help hold horses).

The day is rounded out with a discussion of optimising barefoot performance(including a hoof boot demonstration) and a valuable lesson on functional anatomy.

Auditor or Full Participant?

These workshops are designed for full participants. We have the auditor option for people who physically can not trim, or people without barefoot horses at the time.

The advantage of being a full participant and bringing your horse far outweighs being an auditor.

1. Your horse gets a free evaluation on how it is going as a barefoot mount or how we think it is going to transition from shod to barefoot (and we have many years of hoofcare experience). All horses' feet are different, there are no set measurements etc and there are always little things we can do to help your horse.
2. You get supervised instruction while trimming your horse on tool use, trimming position, trimming technique etc. if you cannot finish the trim in the time allocated, we will finish it ourselves. Your horse will definitely get trimmed.
3. If your horse may possibly need boots at some time we will fit them up for you, so you will know what style and size is suitable.
4. Bringing your horse means that we can look at the whole picture (Whole horse) and see if we can see anything that may help rather than just looking at photos.

Have you looked at our website lately? We have been updating it quite a bit recently.

There is also client feedback on the trimming workshop [page](#)

<http://www.barehoofcare.com/testimonials.html>

<http://www.barehoofcare.com>



Booking the Workshop

Port Macquarie One Day Trimming Workshop Sunday 11th October 2009

Address: Cassegrain Winery, 733 Fernbank Creek Road, Port Macquarie NSW

What time: 8.30 am please be on time as we have a lot to get through! We suggest you arrive at 8.30am to settle your horse and finalise registration. The lecture starts at 9am sharp.

Bookings: Nicky Bowe Ph: 03 57734306 (leave message) Fax: 03 57734307 email: info@barehoofcare.com
Local Coordinator: (directions) Bronwyn Flinn Ph: 0403 025 704 or email: bronwyn@stonecrestequine.com.au

What to bring: Your lunch and a Folding chair. Morning and afternoon tea is provided. Your horse (Full participants only). Incl Lunch and your horses water and feed containers. Hoof trimming tools apron and gloves if you have some. (If you don't have any we can lend you some for the clinic) Anything you might need for note taking. Please wear thick jeans and strong boots a farrier apron or chaps are a good option (we have some aprons for loan).

Please Note: At the end of the day we require you to clean out your own stables or yards

Trimming Tools: We have tool kits available for you to use at the clinic. If you have some tools bring your own.

We also have a supply of new tools available for purchase at the clinic (See attached list). You will need a hoof knife, rasp with handle and possibly some nippers. It is best to avoid very cheap tools as they are often hard to use and keep sharp. Good tools make the job so much easier.

Fees: (GST inclusive) \$160 Full Participation this includes all lectures, comprehensive notes, the cadaver trim and trimming a horse under our guidance \$90 Auditor includes all lectures, notes and the cadaver trim only. Couples please contact me to discuss your registration options.

Refund Policy (\$50 NRD) Cancellations – all fees, less \$50, will be refunded if a medical or vet certificate is provided within 7 days preceding the workshop. Alternatively, participants may transfer to another workshop for an additional \$50. A full refund will be issued should it be necessary for a clinic to be cancelled.

To register for the workshop: We would greatly appreciate it if you could make your booking and payment at least two weeks prior to the workshop. This helps us with our organization. Please sign and return the attached registration slip and waiver form (this must be witnessed) along with your cheque, money order, direct deposit confirmation or CC details to Andrew Bowe 470 Middle Creek Road, Yarck, Vic 3719. or Fax 03 57734307

Payment: Write cheque or money order to A Bowe and mail to us with registration and waiver or direct deposit to: Commonwealth bank
Alexandra: MRS N AND MR A BOWE BSB: 063628 ACCOUNT: 10086772 please quote name & clinic. Or Pay by credit card.

COURSE PLACEMENTS FILLED IN ORDER OF PAYMENTS RECEIVED.

Please send with payment and registration/waiver form

Trimming Workshop On: _____ At: _____

Name of Participant: _____ Email: _____

Address: _____ Post Code: _____

Phone: _____ Mobile: _____

I have enclosed a cheque/money order for \$_____ Full Participant / Auditor

OR I have direct deposited \$_____ into Commonwealth Bank: MRS N AND MR A BOWE BSB: 063628 ACCOUNT: 10086772 with my name and workshop date attached

OR Credit card: Amount \$_____ Type _____ Number _____ / _____ / _____ / _____

Plus \$2.00 surcharge Total \$_____

Exp Date __ / __ / __ Name on card _____ PH _____



The damage can be reversed!

Thanks to Stonecrests workshops

